

Tortilla Soup (Liz Knowlton)

1 medium onion, chopped
2 cloves garlic, chopped
2 T. oil (vegetable or olive)
2 cans beef bouillon (or 3 cups water & 3 beef bouillon cubes)
2 cans chicken stock (or 3 cups water & 3 chicken bouillon cubes)
½ c. tomato juice or tomato sauce
1 t. ground cumin
1 t. chili powder
1 t. salt
¾ t. Worcestershire sauce
1 c. cooked chicken, diced
tomatoes, diced
tortilla chips
avocado slices
Monterey Jack cheese, grated

Sautee onion and garlic in oil. Add beef & chicken broth, tomato sauce, cumin, chili powder, salt and Worcestershire sauce. Bring to a boil. Add chicken, simmer, cool and freeze.

Reheat on stove or in a crock pot. Pour over tortilla chips. Garnish with diced tomatoes, avocado slices and cheese.